

THERMASOL®

WHY STEAM WITH THERMASOL?

A ThermaSol Steam Shower is the ultimate in-home wellness amenity, adding luxury and value to your home.



MUSCLE RELAXATION & EASES JOINT PAIN

Steam showers generate moist heat, which is known to widen blood vessels to increase circulation throughout the body, warming muscles and joints - releasing tension in aching muscles and pain from arthritis and overuse.



RESPIRATORY HEALTH

Those suffering from respiratory problems commonly find relief with steam therapy, known to soothe throat irritation, loosen phlegm in the lungs and loosen mucus.



SKIN REJUVENATION

Steaming allows the skin to produce a deeper sweat, rinsing out bacteria from the skin. Cleansing & hydrating the skin pores provide more efficient blood circulation, giving the skin a healthier softer-looking quality and glow.



DETOXIFICATION

Regular steaming has been known to reduce the frequency of colds and flu while improving symptoms caused by allergies and asthma.



STRESS RELIEF

Spending a few minutes in a relaxed state improves your health and helps heal you both physically and mentally.



BETTER SLEEP

There is a correlation between steam therapy and quality sleep patterns. Relaxing for 20 minutes at the end of the day in a steam shower is believed to regulate the body's core temperature and increase blood flow.



In 1958, ThermaSol created the first residential steam shower and has been designing and building the finest and the most innovative steam showers, home spas, and saunas ever since, with several industry 1st exclusives and five patents. ThermaSol is family owned and operated and proudly made in the USA.